

ذات اور قبائے صفات

(Self, and Robe of Attributes)

If you deny free will, you deny the '*self*.'
If you deny that the world is understandable, you
deny '*action*.'
Denying both is absurd because it negates
negation itself.
This affirms meaningful existence with intellect at
its core.

**Life and the universe are in a constant process of
creation.**

**The plane of life tilts toward growth—no cycles, no
repetition.**

**If you deny perpetual creation, you deny existence,
you deny movement.**

کہ آ رہی ہے دمام صدائے کن فیکوں

Life is complicated for a reason. Had it been simple, it would have been utterly meaningless and dull.

ز تاب جعد مشکینش چه خون افتاد در دلها

**Our body prefers rest, while our spirit craves
flight.**

**The body seeks connection with the world, but the
spirit yearns for freedom from attachment.**

**The spirit responds to the intellect's call, but the
body perceives it as alien.**

The body relates to earth; the spirit to the sky.

Beware of wisdom confined to verbal activity. True wisdom guides action and manifests through behavior.

An individual's opinion holds little value unless shared within a group to achieve consensus, and that consensus is meaningless unless transformed into action.

Conflict and struggle are fundamental aspects of existence. There is no escape from them.

Do not seek an end to either of these.

The primary purpose of life is to be active, to flourish, to interact, and to engage.

Observe the intense activity in nature; nowhere is there separation, withdrawal, or isolation.

Nothing would make sense if everything around us were not intensely engaging and changing. Any philosophy advocating reduced interactions and seeking peace in isolation is irrelevant.

Peace is not found in imitating a lotus flower; it lies in being part of the larger order. That is where true happiness resides.

Pleasure springs from creation, and creation thrives on activity and constant interaction—be it with people or with matter.

**The current of life keeps flowing. Time, people,
and circumstances are all in a state of constant
flux.**

**Embrace this flow. Release your grip on the past,
and actively welcome new experiences.**

**Embrace change, for that is how nature works.
Every passing moment, every particle shifts.**

Past experiences tend to act as a weight, reducing your ability to take action. However, use them as a guide; do not allow them to become shackles.

The body, emotions, and elemental existence are not enemies of the self, but indulgence in them is. Indulgence draws you closer to the elements and away from the self.

Seeking is different from wanting. Wanting is, in large part, focused on tangibles and the elemental; seeking, on the other hand, develops and builds your inner self.

When you begin seeking instead of merely wanting, you have taken your first step on the path of understanding.

**Do not over-seeK. Understanding comes in parts
and quanta, woven into the fabric of life. Life is
lived in pieces, and understanding reveals itself
along the journey.**

Perceive only what makes sense and propels you forward in building your understanding. Focusing on certain things while disregarding others—both are integral parts of the process of gaining knowledge.

If your mind has not raised the question, its answer is merely a statement to you. Organized teaching often fills us with answers without fostering inquiry.

The world around us exists in chunks, not all at once. What is near and within sight holds greater relevance than what is distant. There is a hierarchy of existence, so do not take it all into consideration.

**If a query is not structured well, it leads to an
absurd answer.**

You may question anything, provided you are prepared for the answer and its implications.

The desire to convey—through speaking or writing—can become an enemy of true knowledge.

Use your attention wisely; it is a precious resource.

**It consumes your energy and brings things into
existence.**

**Be mindful of what you breathe life into, for it will
shape your environment and become what you
must confront.**

Do not seek completion or final ends—there are none. Likewise, do not aim for continuous flow; life unfolds in distinct chunks.

**An overactive mind weakens the body, and an
overactive body weakens the mind.**

Do not try to hold on to anything—feelings, moods, or understanding. The moment you try to capture them, they will escape.

This is the inherent nature of the journey of the self.

The world we live in is created by us. It comes into existence as we move through our lives—paying attention, interacting, talking, or even just thinking.

Life is an endeavor to create a container capable of holding the ultimate reality. Your conception of the grand reality depends on the shape of that container.

Only thoughts connected to physical activity or interaction are truly relevant. Thoughts that pass through the mind without any associated action are often meaningless and irrelevant.

**Don't look directly at the source of the light;
ultimate reality is best understood indirectly.**

The daily, mundane interactions of life shape the foundational plane of the self, nurture its intellect, and lay the groundwork for its quest to discover the ultimate meaning of existence.

Do not seek escape from interactions with things and people; they are not obstacles but fundamental building blocks of rationality.

Language cannot be generated by a single mind in isolation; it requires the presence and activity of other minds to come into existence.

This interconnectedness reveals that the existence of one is intrinsically tied to the existence of all—this is the essence of rationality.

Nothing is static or stationary; there is no fixed state or station. The ladder is endless, and each step differs from the last. Movement is first inspired and then measured.

What is the purpose of life? This question has countless answers scattered throughout the entirety of life—so live to the fullest.

Actions driven by duress, fear, greed, or mere reaction cannot bring higher order to your life.

True action, arising freely from the core of the intellect, builds, creates, and expands.

Such action resonates with the essence of an ever-expanding universe. *The 'Self' craves expansion and thrives in that.*

**Our mind grows restless when it strays too far in
its intellectual pursuits.**

**Wander it must, but it also needs an anchor—one
that it discovers only with time.**

All structures, disciplines, routines, and life regimens hold value only when they create an environment that nurtures thoughts capable of enriching and elevating our intellectual existence.

“You will certainly rise level by level.”

**Once you have learned a lesson, it no longer holds
relevance, as you have transcended its need. You
will no longer be tested by it.**

Words lie at the heart of creation, both spoken and written. The intellect seeks meaningful dialogue and written text as pathways to understanding and growth.

Your quest for meaning and the application of reason to your surroundings reflect the fact that the creation has an inherent purpose.

The logical flow of thoughts and the world these thoughts bring into existence are a testament to that purpose.

There are no random occurrences; everything aligns with a higher order. Recognizing this is a mark of the intellect's growth.

Daily routines and a connection to the body are vital for keeping rationality and intellectual growth; however, excessive attachment to them can hinder that very growth.

The fact that the environment around us is understandable, and our intellect interacts with it in a meaningful way, shows that creation is purposeful.

This enables you to recognize the existence of others and assess their intellectual activity, and to interact accordingly.

Through the intellect's active engagement with its surroundings and interactions, we judge others' level of consciousness or how "alive" they are. The more alive you feel, the more you are drawn to others who radiate that same vitality, seeking sustenance from the energy of the group.

This is called 'jamah'.

**Stop running—you have already arrived. Now, pace
yourself mindfully.**

رَاضِيَةٌ مَرْضِيَّةٌ

(Pleased and Pleasing)